



**RULES  
FOR THE  
SPORTS OF THE 2008  
EUROPEAN TRANSPLANT AND  
DIALYSIS GAMES**

## **1 Condition of Entry**

Entry is open to all recipients of life supporting allografts and/or bone marrow transplants from other individuals or species and to dialysis patients. Competitors must have been transplanted for at least 1 year or be in dialysis treatment for at least six months, be medically fit and have trained at the events in which they have entered.

Ideally, each nation will have selected its best competitors and ensure that they are medically fit, without significant complications of chronic organ failure or immunosuppressive therapy (transplantees) or of dialysis therapy (dialysis patients).

Before competing, each competitor must send back a “waiver” form with his sport registration, which states that he has knowledge of the rules of the events entered and of the difficulties of the event entered.

In addition, an ETDSF medical certificate for each competitor must be submitted to the Local Organising Committee (LOC) at least 1 month before the start of the Games. The medical certificate must be fully filled out and signed by a senior transplant doctor (transplantees) or a senior dialysis doctor (dialysis patients). The medical certificates will be reviewed by representatives both of the ETDSF and of the LOC and, if deemed unsatisfactory, that competitor may be barred from competition.

All participants must register via their national organisation which is member of ETDSF. All registration materials must be reviewed by the team manager prior to submission.

Entry forms must include a signed declaration from each competitor that he/she is fit and has trained for the events entered.

## **2 Age category**

All competitors must compete in their age category. No change to another age category is allowed. If there are less than 3 entrants in one event category, they will compete in the age group below (eg.: in case of senior entry, they compete in adults category). The competitor of a lower age group can not compete in higher category, except adult competitors. If there are less than 3 adult competitors they can compete together with seniors.

Athletes will compete by gender in the following age groups (age on the day of the opening ceremony of the games will apply):

- 18-29: Adults
- 30-39: Seniors
- 40-49: Super Seniors
- 50-59: Veterans
- 60 and over: Super Veterans

Team events, relay events and mixed doubles events will be one open age category.

It depends on the number of competitors whether the doubles events can be done by age category.

Children will compete by gender in the following age groups: 5 years and under, 6-9 years, and 10-13 years.

Juniors will compete by gender in the following age groups: 14-15 years, and 16 – 17 years. In addition, if a competitor at the age of 16 or 17 years competes successfully in his/her country's transplant Games as an adult, he/she may compete as an adult in the European Games in this event.

Race bibs of each age group should be identified by a distinct colour so that competitors will be able to easily determine each other's age group during competition.

### **3 Entrants**

The transplant and the dialyzed competitors compete in separated events. If there is a shortage of time or if too few dialyzed or transplanted competitors have entered one age category in an event, a combined event in this age categories held. The results are counted separately.

Each dialysed competitor must have a rest of at minimum eight hours after a dialysis treatment before he is allowed to enter an event.

All sports are run in accordance with the international regulations except where modified in these ETDSF Sports Rules. Contravening these regulations will result in disqualification.

If in an event – considering all age categories – there are less than 3 competitors than that event has to be cancelled. In this case possibility has to be provided for these competitors for the participation in another event. Information about it has to be given for them before the starting up of the Games. If a dialyzed athlete agrees he/she can compete together with the transplant.

There will be a separate heat or bracket for each age group if eight or more individuals compete. If there are fewer than eight individuals or in other cases, age groups may be combined in the interests of competition and meet management.

Athletes will be allowed to enter a total of five events, in addition to the swimming and track relay events.

Athletes may not enter events that take place at the same time. Failure of an athlete to appear at any event when called may result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear.

For events with more than one competitor, e.g. doubles and relays, each team must consist of members from one nation only. Mixed national teams are not permitted. It is not permitted to change doubles partners after the entry deadline.

It is not permitted to enter an event after the entry deadline. Exceptions can be allowed for double and mixed events and for relays.

### **4 Seeding**

Seeding should be used in all events to ensure the fairest competition possible. In all events, to insure the fairest competition possible, the entries should be formatted using standard procedures. The following factors should be considered (in this order):

- medallists from the previous European Games;
- performances from the previous national games (in evaluating national games, the strength of the competition -quality and size- should be considered);

- other pertinent information.

## **5 Medals**

Gold, silver and bronze medals are awarded in all age categories. In the racquet events both losing semi-finals will be awarded a bronze medal.

## **6 Judiciary Committee**

The ETDSF will appoint a Judiciary Committee of at least three persons to resolve any dispute arising in conjunction with the referee of each sport. The Judiciary Committee must meet with the Organising Committee and sports organisers at least one day before the Games and as required during the Games.

The Judiciary Committee will liaise with the LOC Sports' Chairman and clarify the rules of competition. The members of the Judiciary Committee must be issued with mobile phones from the date of their arrival and for the duration of the Games.

The Local Sports Organisers and ETDSF representatives will each be present at all events and be introduced to the referees and officials so that their identity is clearly established. On his/her arrival at a venue, the member of the Judiciary Committee should make him/her self known to the officials at the venue.

In the event of a serious breach of discipline, the Judiciary Committee has executive powers to suspend an athlete immediately and refer the matter to the next Council Meeting or to an Extraordinary Council Meeting. The Council has the power to suspend the athlete for the rest of the Games.

## **7 Protests**

Protests will be made to the referee for each sport with payment of US\$50 (or Euros) within 30 minutes of declaration of the event result. Protests will be passed to the Judiciary Committee with the head sporting official advising. A decision will be made by the ETDSF Judiciary Committee as soon as possible. The \$50 fee will be returned if the protest is upheld. If a member of the Judiciary Committee is from a country involved in the protest, that member must excuse himself from the discussion and resolution of the protest.

## **8 Results**

The day's results should be given to all Team Managers each evening, latest in the morning of the next day. Final results and medal table should be published at the end of the Games. The full set of results should be given to each Team Manager and also to each Team Manager by e-mail or mail latest one day after the end of the Games. The medals, won by children, are not counted into the medal table.

## **9 Training**

At least 1 training possibility has to be provided for the competitors before the starting of the Games.

## **10 Games Records**

Games records should be announced at the medal presentation and marked in the result lists.

## 11 General rules

The full event schedule must be given to each Team Manager latest one day before the Games begin. No change of the event schedule is allowed, unless a majority of the Team Managers agree at a Team Manager meeting. Fun events such as competition of Team Managers and Doctors can be organized during the Games.

## 12 Sports events

For both transplantees and dialysis patients the same competitions are offered. Valuation will be applied for both categories.

In doubles events, if the members of a team are in different age groups, the team will be classified in the fairer age group. If one of the players is a junior and the team would normally be assigned to the junior category, it will play in the adult category.

Dialysis and transplanted athletes can play together in double teams.

### 12.1 Track and Field

5 km run men, 3 km run women
3 km walk men, 2 km walk women
100m, 200m, 400m, 800m, 1500m
Long jump
High jump
Shot put *
Ball throw **
4x100 relay

- 8 lanes, 400m running track
- Starters
- Timekeeper for each track (or electronic time measuring)
- Field Judges
- \*) Weights of the shots:

	men	women
Juniors	5,0 kg	3,0 kg
adults	6,25 kg	4,0 kg
seniors	6,25 kg	4,0 kg
superseniors	6,25 kg	4,0 kg
veterans	5,0 kg	3,0 kg
super veterans	5,0 kg	3,0 kg

- \*\*) Weights of the ball: men: 200 g / women: 80 g
- Tournament will be governed by International Amateur Athletics Federation rules (<http://www.iaaf.org/TheSport/index.asp>), except as modified herein.

## 12.2 Swimming

50,100 breast stroke
50,100 back stroke
50 butterfly
50, 100, 400 freestyle
200 medley
200 freestyle relay
200 medley relay

- 25 or 50 m pool
- preferably with 8 lanes
- Starter
- Timekeeper and judges for each lane (or electronic time measuring) measuring
- eight fastest times to final
- The event will be governed by Federation Internationale de Natation (FINA) rules (<http://www.fina.org/rules.html>), except as modified herein.

## 12.3 Tennis

Men and women singles
Men and women doubles
Mixed doubles

- 8 games matches to semi-finals
- Tie break (12 points) at 7 games all
- Best of 3 sets for semi-finals and finals
- Equipment: Players provide own rackets. Balls will be provided.
- Tournament will be governed by International Tennis Federation rules (<http://www.usta.com/rules/>), except as modified herein.

## 12.4 Table tennis

Men and women singles
Men and women doubles
Mixed doubles

- Best of 5 games to 11
- Round robin in the elimination.
- At least 10 tables
- One referee per table
- Competitors must provide own paddles. Competitors must wear court shoes and dark shirts. Balls will be provided.
- Tournament will be governed by International Table Tennis Federation rules (<http://www.ittf.com/Regulations/Regulations.html>), except as modified herein.

## 12.5 Badminton

Men and women singles

Men and women doubles

Mixed doubles

- Best of 3 games to 15. Round robin in the elimination
- At least 6 courts
- Referee for each courts
- Shuttlecocks will be provided. Racquets will not be provided; every competitor must bring his own.
- Tournament will be governed by International Badminton Federation rules (<http://www.intbadfed.org/rules.html>), except as modified herein.

## 12.6 Bowling

Men and women singles

Men and women doubles

- 4 game competition
- At least 8 lines
- Events are men's and women's singles, and men's and women's pairs.
- Tournament will be governed by World Tenpin Bowling Association rules (<http://www.wtba.org.my/main.htm>), except as modified herein.
- There will be a four games series in the singles competition and a four games series in the pairs competition. The highest combined score in each competition is the winner.

## 12.7 Volleyball

- One team per county where transplant and dialyzed play together. At least one female player must be on court at all times during the match.
- If there are not enough players to form a national team, team managers collect names of people interested from their country and submit them to the LOC before the games begin. There should be provision for at least one multi-national team to form and to participate.
- Participation in the volleyball competition counts as one of the maximum five events.
- The first round will be played as a "round-robin" where each team in a group plays against each other team in the group. The top team(s) in each group will then progress to the knock-out stages, which will use standard seeding procedures. The first round will be games of two sets to 25; rally scoring, win by 2 or first team to 27. Ties between teams are broken by considering the scores of the sets. The team with the best ratio of points scored divided by points lost is the winner. The bracketed playoff round will be the best two of three games, games to 25 points, rally scoring, win by 2 or first team to 27. Third games, if needed, to 15 points.
- Tournament will be governed by Federation International de Volleyball rules (<http://www.fivb.ch/EN/TheGame/Rules.htm>), except as modified herein.

## 12.8 CYCLING

5 km time trial

20 km road race

- 5 kilometer (circa) closed course time trial: The winner in each age group will be the individual with the lowest elapsed time. Juniors are permitted to compete in the 5 Km event.
- 20 kilometer (circa) road race: Some age group races will be combined in the interest of competition, but it is recommended that no race contain more than 25 athletes. Juniors are not permitted to compete in the 20 Km event.
- Bicycles will not be available for rent; you must bring your own. Helmets must be worn. Bicycles must be in a safe and rideable condition. There will be a mandatory safety inspection for all competitors. Aerobars are not permitted.
- The event will be governed by International Cycling Union rules (<http://www.uci.ch/english/about/rules.htm>), except as modified herein.

## 12.9 Golf

- A handicap of up to 25 for both men and women will be allowed.
- Players to provide own clubs.
- Further regulations are dependent of the local golf course.

## 12.10 Darts

- Both men's and women's singles and triple mix matches, In the single events opening score from 301. For team play the opening score is increased to 501.
- The first to reduce their score exactly to zero is the winner. If greater score is thrown then is required to reduce the remaining score exactly to zero, then none of the three darts count for that throw and the score remains as it was before that particular throw was taken.
- Competitors must provide the own darts and must wear sport court and shoes
- It is a single elimination tournament with matches being a best of three legs.
- Tournament will be governed by international rules <http://www.dartswdf.com>, except the modifications herein.